



DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY FIRES CENTER OF EXCELLENCE AND FORT SILL
455 MCNAIR AVENUE, SUITE 100
FORT SILL, OKLAHOMA 73503

AUG 23 2022

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MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: CG Policy Memorandum #4, Value of Life and Suicide Prevention

1. References.

- a. Army Regulation (AR) 600-63, Army Health Promotion, 14 April 2015.
- b. Department of the Army Pamphlet 600-24, Health Promotion, Risk Reduction, and Suicide Prevention, 14 April 2015.
- c. AR 165-1, Army Chaplain Corps Activities, 23 June 2015.
- d. Army Directive 2018-23, Improving the Effectiveness of Essential and Important Army Programs, 8 November 2018.
- e. Value of Life Operations Order, September 2020.

2. **The Fires Center of Excellence and Fort Sill (USAFCoEFS) takes a proactive approach with team members toward the prevention of suicide.** We are committed to building cohesive teams that are positively intrusive and that connect each member of Team Sill to the resources and programs that are available. We will use a multi-faceted approach that reinforces values across USAFCoEFS through community, resilience and fitness, along with "The Golden Triangle" and "This is My Squad" initiatives. Our goal is the complete elimination of suicide or self-destructive acts.

3. This policy is irrespective of rank. A leader can be at any level, to include the individual.

4. I expect the environment within the Fires Center of Excellence and Fort Sill to be one where Service Members and Civilians care so much about Trust, Teamwork and Cohesion, that they are able to immediately identify high-risk teammates or reach out for help, long **before** a self-destructive act has occurred.

5. **Life is worth living. And no matter how bad a situation may seem, there is always a positive way up and out.** We expect leaders to know their teammates. This is in part through initial and regular follow-on counseling that I expect to be conducted with each Service Member here at Fort Sill. Address morale, stress, and mental health in a

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positive and trust-building manner. This will allow teammates to feel that they have a leader that cares, and that they have someone that they can turn to when they face adversity. Adversity will come to all of us, whether seemingly random or self-inflicted. We should know our teammates so well that we instinctually know who their support network is: who loves and cares for them, along with who their friends and family members are. We further expect leaders to build their teams, not just in regards to building tactical proficiency, but also building up team members as individuals and valued members. Remember, **leadership is a contact sport; it requires daily interaction.**

6. **If you see a potential problem, take action.** We expect all personnel at the Fires Center of Excellence and Fort Sill to have the courage to step in and get involved. My hope is that this will be done long before high-risk indicators are present. Bottom line: no teammate at the Fires Center of Excellence and Fort Sill should ever feel left out, isolated or alone – this is a leadership responsibility.

7. **IT IS ABSOLUTELY OK TO GET HELP!!** We cannot stress this point enough. If you are experiencing adversity, take a quick timeout and reach out for help. Your teammates care about you – no Service Member or Civilian at the Fires Center of Excellence and Fort Sill will ever be looked down on or in any way minimized or ridiculed for seeking out help. Stress and mental health is like a sprained ankle or broken bone – don't be afraid to slow down for a minute, ask for a hand, then take the time and steps to heal up. **It's ok!!** We are proud to serve with you on the Fires Center of Excellence and Fort Sill team!!

8. The point of contact for this policy is the Army Substance Abuse Program, Suicide Prevention Program Manager at (580) 442-1618 / 2016.



KENNETH L. KAMPER
Major General, USA
Commanding

3 Encls

1. Annex A, Suicide Training Required
2. Annex B, Suicide Trainers Required
3. Legal Review of Firearms Regulation Provision

DISTRIBUTION:

Fort Sill Intranet
30th ADA Bde
31st ADA Bde

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75th FA Bde

428th FA Bde

434th FA Bde

MEDDAC

DENTAC

U.S. Army Garrison

Headquarters Detachment

ANNEX A – Suicide Prevention Training Requirements

Type Training	Training Length	Training Requirement	Target Audience	Provided By
Suicide Prevention Training/ Ask, Care, Escort (ACE) Training	1 hour	Annually, or as commander directs	All Soldiers and DA Civilians	Unit Leaders, Chaplain or SPPM
ACE- Suicide Intervention (ACE-SI) old system	4 hour	Once in career (must have copy of certificate in training records).	Junior Leaders and First-Line Supervisors (squad/section leaders; platoon SGTs; platoon leaders/ Battery/Company Command Teams); Drill Sergeants; Instructors; DA Civilians who are direct supervisors of Soldiers at company level	ACE-SI 6-hour Train the Trainer Certified Tier 1 or Tier 2 Trainers
ACE-SI Train the Trainer Tier 2 old system	6 hour	Once in career (must have certificate on file in the unit/directorate)	BN Chaplains; BN Chaplain Assistants; and (two per unit) selected personnel based on unit commander's discretion who will then train the four hour course	ACE-SI T4T Tier 1 Trainers
ACE-SI Train the Trainer Tier 1 old system	6 hour	Once in a career (must complete the 6 hr training and conduct a minimum of three four-hour ACE-SI workshops and be certified by SPPM)	Suicide Prevention Program Manager; Chaplains, Chaplain Assistants; and other personnel at the discretion of unit commander	ACE-SI T4T Tier 1 Trainers and SPPM
Applied Suicide Intervention Skills Training (ASIST)*	2 day	Once in career (must have certificate on file in the unit/directorate)	Chaplains and Religious Affairs Specialists; Military Police, SUDCC counselors, Trial Defense and Legal Assistance Attorneys, Family Advocacy Program Workers, IG, AER counselors, Red Cross Workers, and/or Medical/Dental Health Professionals	ASIST Train the Trainer (T4T) Trainers
Applied Suicide Intervention Skills Training (ASIST T4T)*	5 day	Once in career; must be notated in records as ASI "1S"; in order to maintain certification, trainer must conduct one two day course each year	Chaplains; Chaplain Assistants, Suicide Prevention Program Manager; ASAP/EAP, ACS personnel	Living Works

ANNEX B – Unit Trainers Required

BDE	Annual Suicide Prevention Training/ACE Trainers	ACE-SI (six hours) trainer course	ASIST T2T (2 day)
30 ADA BDE	As Deemed Appropriate by Commander	As Required by TRADOC Reg 350-6	*None Required
31 ADA BDE	As Deemed Appropriate by Commander	2 trainers per BN	*As Required by Higher HQ
75 FIRES BDE	As Deemed Appropriate by Commander	2 trainers per BN	*As Required by Higher HQ
428 FA BDE	As Deemed Appropriate by Commander	As Required by TRADOC Reg 350-6	*None Required
434 FA BDE	As Deemed Appropriate by Commander	As Required by TRADOC Reg 350-6	*None Required
MEDDAC	As Deemed Appropriate by Commander	As Deemed Appropriate by Commander	*None Required None
DENTAC	As Deemed Appropriate by Commander	2 trainers per unit	*None Required
FCOE	As Deemed Appropriate by Commander	As Deemed Appropriate by Commander	*None Required
Garrison	As Deemed Appropriate by Commander	As Deemed Appropriate by Commander	*None Required

* ASIST 5 day workshops are no longer contracted by HQ IMCOM. All cost associated with training trainers are the responsibility of individual organizations. Commanders may continue to provide the ASIST T2T (2 Day) courses to Junior Leaders and First-Line Supervisors (squad/section leaders; platoon Sergeants; platoon leaders/ Battery/Company Command Teams); Drill Sergeants and Instructors. All cost associated with training materials required to conduct ASIST T2T (2 day) course is borne by the organization.